

# Coffee

## COFFEE

DRIP 3 / 3.5

NITRO COLD BREW 5

FLASH BREW  
ICED COFFEE 4

## ESPRESSO

ESPRESSO 3.25

AMERICANO 3.25

CORTADO 3.75

CAPPUCCINO 4

ONE AND ONE 4.75

LATTE 4.25 / 4.5 / 5

MOCHA 4.5 / 5 / 5.5

ICED LATTE 5

ICED MOCHA 5.5

## SLOW BAR

POUR OVER 5

FRENCH PRESS 6

## ADD-ONS

EXTRA SHOT +1

ALT. MILK +1  
oat, almond, macadamia

GUEST ESPRESSO +0.5

HOUSE MADE SYRUP +0.5

Ask your barista about  
our seasonal syrups.

Ask your barista about our House and Guest Roaster selections available on espresso and slow bar.

# Food

## PLATES & BOWLS

### CHIA PUDDING 6

Vegan chia pudding with fresh fruit and toasted nuts.

### PORRIDGE 6

Steamed oat milk, cinnamon, honey, and sticky rice with candied walnuts and fresh fruit.

### AVOCADO TOAST 8.5

Avocado smash, glazed beets, roasted zucchini, winter greens, and sundried tomatoes.

### LOX TOAST 11

Dill cream cheese, lox, winter greens, sprouts, sesame poppy seed, and olive oil.

### VEGGIE GRAIN BOWL 9

Sticky rice, alfalfa sprouts, glazed beets and carrots, topped with sriracha balsamic and toasted walnuts.

### BOWL OF SOUP 5.5

Ask about our soup of the day.

### GLAZED BEETS AND CARROTS 5

## SANDWICHES

Served on local bread.

### EGG AND CHEESE

Your choice of provolone or pepper jack cheese.

Half 5.5 / 4.5\*

Whole 10 / 8.5\*

ADD: Bacon +2 Turkey +3

### GRILLED CHEESE

Roasted rainbow zucchini, forest blackberry jam, provolone and pepper jack cheese.

Half 6.5 / 5.5\*

Whole 11.5 / 10\*

ADD: Bacon +2 Turkey +3

### BLATT

Bacon, winter greens, avocado smash, turkey, and sun dried tomatoes.

Half 6.5 / 5.5\*

Whole 11.5 / 10\*

### SANDWICH COMBO

\*Sandwich Price w/ Purchase of Soup or Veggies

\* WARNING \*

Menu items may contain or come into contact with wheat, eggs, peanuts, tree nuts, milk, and gluten. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

# Beverages

## TEAS & COFFEE ALTS

SPIRIT LOOSE LEAF TEA 3.5

CAMBRIC TEA 4.5

CHAI LATTE 3.75 / 4.25 / 4.75

MATCHA LATTE 4.25 / 4.5 / 4.75

TURMERIC LATTE 4.25 / 4.5 / 4.75

HOT CHOCOLATE 3 / 3.5 / 4



## CHILLED DRINKS

SEASONAL TEA ON TAP 4.5

SPARKLING LEMONADE 3.5

SEASONAL SPRITZ 3.75



## ALCOHOL 21+

Ask Your Barista For Details!\*

SELF SERVE TAPS MKT

BEER BY THE CAN MKT

WINE BY THE GLASS OR BOTTLE MKT



\* Must be 21+ to purchase alcoholic beverages.